

МІНІСТЕРСТВО ОСВІТИ І НАУКИ УКРАЇНИ
НАЦІОНАЛЬНИЙ УНІВЕРСИТЕТ БІОРЕСУРСІВ
І ПРИРОДОКОРИСТУВАННЯ УКРАЇНИ



Матеріали Міжнародної науково-практичної конференції

**ПРОДОВОЛЬЧА ТА ЕКОЛОГІЧНА БЕЗПЕКА
В УМОВАХ ВІЙНИ ТА ПОВОЄННОЇ ВІДБУДОВИ:
ВИКЛИКИ ДЛЯ УКРАЇНИ ТА СВІТУ**

*присвяченої 125-річчю Національного університету
біоресурсів і природокористування України*

**Секція 4. Якість освіти та гуманітарна наука в умовах війни
та глобальних викликів**

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**INCREASING STUDENT AND ACADEMIC STAFF MOTIVATION IN THE
CONDITIONS OF WAR**

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The long-awaited admission to university, the new «adult» student status and student life inspire to study. But everything is not so bright, considering the current situation of a war in Ukraine. An important factor in these circumstances is motivation. The structure of a motive, acting as the basis of an action or deed, is multi-component, it often reflects several reasons and goals [1]. Some students do not understand how to study offline and why they should study and complete assignments when there is a war in the country and the future is uncertain.

Distance learning is a temporary measure, as a form of acquiring knowledge, it is new opportunities for self-learning and responsibility. It is various activities in different programs and platforms. The apathy of students may well be related to the fact that we are all locked in the boundaries of the events that are happening right now. But it is worth remembering that all wars get to the end sooner or later, so we should try to look into the future. Therefore, it is worth directing students to the future. Teach them to predict, anticipate, make plans. Martial law should not be perceived as a long break in education. In conditions of stress due to war sometimes loss of strength, desire, apathy appears. To overcome stress, we need a lot of resources. Our body takes them from reserves, which must be regularly restored. The most common problem for students is concentration often due to emergency alarms, but also in relative safety. It's important to remember that if we can't control things, they shouldn't take up all of our resources. Now we focus on what helps us get closer to victory every day: household chores, communication with friends and relatives, acquiring useful skills.

Motivation to study largely depends on academic staff. Right now, teachers' task is to help students create a safe space. One of the biggest challenges for teachers was that with the beginning of the war, the activity of students in the educational process decreased significantly. Thus, it is necessary to strengthen the motivation of students to study, since the psychological state of the participants, as well as the physical opportunity to continue studying, is not always positive.

The most valuable thing during the war for students, especially freshmen is interaction and constant communication. Therefore, in order to stimulate mental activity, it is necessary to give an opportunity to express opinions. It is important for the teacher to remember that motivation in the brain arises from two stimuli: reward and danger. A reward is something that causes us positive emotions. The award motivates a person to learn complex things and skills. Therefore, it is worth considering a system of rewards for activity.

Critical thinking is considered an important skill for a successful person today. The ability to analyze information, avoid stereotypes, not be afraid to make mistakes and rely on own experience depends on a person. With the beginning of military actions on the territory of Ukraine, its role has significantly increased and the scope of application has expanded. After all, it is necessary not only to find the truth in the surrounding world, but also in oneself. Now is the time to form and improve:

- critical attitude towards yourself. To cultivate this skill, you need to learn to love and take care of yourself, value your experience and achievements and not devalue your own experiences. Look for something that calms and gives you the opportunity to master yourself, pay a lot of attention to daily things.

- critical attitude to information, events and environment. In wartime, this skill is extremely important, because sometimes it is very difficult to distinguish a fake from a true fact. Therefore, you should use only reliable sources, rely on internal motivation and analyze everything you have read or heard. Plan and dream!

- critical attitude to work. Of course, we are used to working in a different way – in the mode of multitasking and persistence. However, now it is worth evaluating what should be done first. Unload the program, prioritize interactive and creative tasks, use a variety of resources and tools. And communicate as much as possible!

Therefore, motivation is an important factor in the success of the educational process. A student must, first of all, realize the importance of education for himself, his future, and the choice of a profession. The task of academic staff is to organize the educational process in such a way that students have a desire to attend classes, understand the need for education in the modern world [2]. Our prerogative today is to develop and improve yourself; to study diligently and to teach efficiently, because we have to become better, smarter and later rebuild our country, applying our knowledge.

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